

Parididdle Exercises

Around the Drum Kit

Single Parididdle

R L R R L R L L

R L R R L R L L

R L R R L R L L

R L R R L R L L

R L R R L R L L

R L R R L R L L

R L R R L R L L

R L R R L R L L

Double Parididdle

R L R L R R L R L R L L

R L R L R R L R L R L L

R L R L R R L R L R L L

R L R L R R L R L R L L

R L R L R R L R L R L L